



Cripple Creek - Victor School District RE-1

Cripple Creek Jr./Sr. High School
Athletic Handbook
2022-2023



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MISSION STATEMENT

The Cripple Creek-Victor School District is committed to the ideals of good sportsmanship, ethical behavior and integrity for all members of our athletic community. In perception and practice, good sportsmanship shall be defined as those qualities of behavior, which are characterized by generosity and genuine concern for others.

Pioneer Fight Song

Oh Pioneers we hail thee!
Rah for the Red and Blue (Go Big Red)
Fight on for victory
Loyal we will forever be to you!
And so we raise the banner upward,
Raise it to the sky (Go Big Red)
Watch out everyone as we go by!

Varsity League Affiliations

Athletics:	League	District	Classification
Cheere			2A
Football	Canceled		6A
Volleyball	1A District 7	7	1A
Boys Basketball	West Central	7	2A/1A
Girls Basketball	West Central	7	2A/1A
Cross Country			1A
Baseball	2A District 5	5	1A
Track	1A		1A

School Cancellations

In the event of a school cancellation all after school activities and sporting events will be cancelled. The superintendent, principal and athletic director reserves the right to review individual events and over ride this policy on a case by case basis.

Sportsmanship

Members of Cripple Creek-Victor are committed to principles of good sportsmanship. We believe that all student-athletes, coaches, and spectators should strive to represent the very best spirit and tradition of interscholastic athletics. Good sportsmanship is the cornerstone of a quality athletics program. Cripple Creek-Victor School District is committed to bringing sportsmanship as a top priority in our school community. The sportsmanship standards we hold for coaches, student athletes, spirit groups and spectators will bring about healthy rivalries and competition in the educational environment.

Expectations of coaches

- Exemplify high moral character, behavior and leadership.
- Be a positive role model for all concerned.
- Respect the judgment of contest officials. Abide by the rules of the contest and display positive behavior.
- Discipline those on the team who do not abide by sportsmanship standards.
- Treats own players and opponents with respect.
- Inspires in the athletes a love for the game and the desire to compete fairly.
- Knows he/she is a teacher and understands the athletic arena is a classroom.

Expectations of student athletes

- Accept seriously the responsibility and privilege of representing your school and community.
- Treat opponents with respect.
- Display modesty in victory and graciousness in defeat.
- Plays hard, but plays within the rules.
- Exercises self-control at all times, setting an example for others to follow.
- Respect officials and accept their decisions without gesture or argument.

Expectations of spectators

- Realize your attendance at athletic events is to support the teams involved.
- Should know and understand the rules of the contest.
- Respect the integrity and judgment of sports officials.
- Appreciate the skills of all players participating.
- Appreciates a good play no matter who makes it.
- Shows compassion for an injured player; applauds positive performances, does not heckle, jeer or distract players, and does not use profane and obnoxious language and behavior.
- Respects property of others and the authority of those who administer the competition.
- Censures those whose behavior is unbecoming.
- Cheers positively for their team, does not chant at, or get into exchanges with opposing fans.
- Leaves the venue respectfully and accepts the outcome of the game.

Expectation of spirit groups

- Stimulate desired crowd response using only positive cheers and praise without antagonizing or demeaning opponents.
- Treat opposing teams, spirit groups and fans with respect.
- Know the rules and strategies of the contest in order to cheer at proper times.
- Maintain enthusiasm and composure, and always serving as role models.
- Athletics is an extension of the classroom, and an important part of the Cripple Creek-Victor School District educational program.

Participation in a sound athletic program contributes to good sportsmanship, character, physical development, coordination, and a wholesome interest in sports.

Interscholastic sports competition exemplifies the value of the democratic process and of fair play. Through participation, the student athlete learns how to work with others for the achievement of group goals. Participation in interscholastic sports is a living laboratory of equal opportunity in action where all students are treated without favor or prejudice.

The program of interscholastic sports is an integral part of the education program. It shall, above all else, foster the growth and well-being of the individual student.

Good sportsmanship practices have life-long values. The athlete who acts fairly, who observes laws and customs, who treats others with consideration, and who takes adversity without whimpering earns respect. Students in today's schools are tomorrow's community citizens and, as adults, will demonstrate some of the attitudes they are now learning.

The Cripple Creek-Victor School District is well aware of the importance of the athletics and activities programs, but it recognizes that they should never overshadow the emphasis placed on classroom work. Schools are strongly urged to maximize student-teacher classroom contact by minimizing the loss of school time involved in extracurricular activities.

Benefits of Participation

The secret is that athletics and activities are not just a way to have fun or be with friends; they serve as valuable educational tools. From interscholastic sports to music, athletics and activities enrich a student's school experience.

Athletics and activities support the academic mission of schools. They are not a diversion but rather an extension of a good educational program. Students who participate in activities and athletic programs tend to have higher grade point averages, better attendance records, lower dropout rates and fewer discipline problems.

As one of the state's oldest cities, established in 1892, Cripple Creek-Victor has a rich history in athletics dating back to the early 1900s.

Athletics and activities are inherently educational. Athletics and activities programs provide valuable lessons in many practical situations -- teamwork, sportsmanship, winning, losing, and hard work. Through participation in athletics and activities programs, students learn self-discipline, build self-confidence and develop skills to handle competitive situations. These are qualities the public expects schools to produce in students so that they become responsible adults and productive citizens. Athletics and activities foster success in later life. Participation in high school athletics and activities is often a predictor of later success -- in college, a career and becoming a contributing member of society.

General Athletic Participation

The safety of athletics is a number one priority. Participants must be aware that other athletes' physical safety is extremely important and avoid any type of aggressive action, which could lead to injury to another participant. Participants are also responsible to avoid any activity, which could lead to injury when not being supervised by an assigned faculty member or coach.

Each girl and boy is encouraged to participate in as many different sports during each school year as possible. The students and their parents should determine the choice of sports.

Students are expected to report for sports at the beginning of each sport season as established by the Colorado High School Activities Association and Cripple Creek-Victor School District.

Team members of all sports are required to attend all scheduled practices and meetings during the established sports season. If circumstances arise whereby the student cannot attend a practice or meeting, the validity of the reason will be adjudged by the individual coach. In all cases, however, the coach must be notified, prior to the practice or meeting missed, by personal contact, phone call, or written statement from the parent or guardian.

If an athlete quits one sport, he/she is eligible to participate in another sport during that season at the discretion of the coaches. The student must write a letter of explanation stating the reasons for quitting and must ask in writing to be accepted into the new sport. This letter must be signed by the head coach of the previous team, the head coach of the current team, the athletic director, and the principal. If any of the former refuse to sign the paper, the student cannot participate in either sport for that season.

Any student may drop out of a sport if it is done in the proper way. First, the student must make the reasons known to the coach. Secondly, the athlete must return all equipment and clear all financial responsibility with the school.

It is expected that athletes will attend a full and normal class schedule on the day of the event. Exceptions to this rule would be an excused absence or a family emergency.

Athletic Chain of Command

At Cripple Creek-Victor School District, the following chain of command is in effect. If you have a question, problem, concern, comment, or compliment, please use the following chain of command:

1. Players
2. Assistant/JV Coaches
3. Head Coach
4. Athletic Director
5. Assistant Principal
6. Principal
7. Superintendent
8. Board of Education

If there are any questions or concerns involving some aspect of our athletic program, the athletes and/or parent should first contact the appropriate coach. If there is no resolution, he or she would then go to the head coach, etc. Skipping of any of the levels of the Chain of Command will lead to the parent being referred to the skipped step. This is not meant to be disrespectful; it follows the basic tenet of “if you have a problem, go to the source”.

Expressing Concerns

When expressing a concern with a coach, please refer to and use the following guidelines:

- ❑ NEVER approach a coach immediately after a contest. This is not the proper time or place for a discussion concerning your child or the team. This behavior could result in the parent or fan not being allowed to attend the next game or as severe as receiving a No Trespass notification from the Principal and Board of Education.

- ❑ Call or Email the following day and make an appointment which is convenient for both you and the coach to meet.
- ❑ Raise your concern in a calm and civil manner. Yelling, being rude or using foul language is totally unacceptable.
- ❑ Once you have stated your question or concern, listen to the explanation. Emotion can override logic and reason. Listening receptively may really help you to understand any explanation which is given. This may also eliminate any involvement of those high on the chain.

24 Hour Rule of Communication

The Athletic Department graciously requests that parents and coaches respect a 24 hour rule for communication after a contest. This is beneficial for a variety of reasons, including:

- ❑ A more solution focused discussion
- ❑ The ability to identify issues more quickly and clearly.
- ❑ This lends itself to a more productive opportunity to listen and discuss.

Thank you in advance for your cooperation.

CCV Athletic Code of Conduct

The CC-V Athletic Code of Conduct applies to behavior that takes place ON OR OFF school grounds. These violations may take place at ANY TIME during the student's enrollment at Cripple Creek-Victor School District, including the off-season as well as the summertime. The CC-V Athletic Code of Conduct will be in effect 24 hours a day, 7 days a week, for 365 days a year. It applies to all athletes, whether in season or out of season, on or off school property including, but not limited to, school sponsored/sanctioned events on or off campus, and private activities or events. When off-campus or private behaviors are proven to violate District Policy and/or the CC-V Athletic Code of Conduct, then consequences will follow if brought to the attention of the athletic director. Any allegations reported by police will be considered a violation. For example, a student gets a ticket for underage drinking and has a court date set. The ticket itself is enough for CC-V to assign consequences. The court proceedings do not have to begin for the school to act according to the allegations.

Consequences for violating the CC--V Athletic Code of Conduct will be in effect for non-league, league, district, regional, and state contests and championships. With regard to suspensions from contests, scrimmages do not count as contests, and games cancelled (due to weather, etc.) during a suspension do not count as contests. Consequences of athletic code violations will be from school year to school year and will be in effect for the duration of the athlete's high school participation.

This means the student's record of CC-V Athletic Code of Conduct violations will follow him/her from one sport to the next, from one year to the next, as well as from one CCV/BOCES school to another.

The athletic director and principal will consider the revocation of varsity letter from athletes who violate any of the CC-V Athletic Code of Ethics. The athletic director and principal reserve the right to consider all circumstances and alter consequences accordingly.

Types of Violations

1. Drug or Alcohol Use, Possession, or Distribution

Student athletes are not to (regardless of quantity) use, possess, sell, distribute, or procure any amount of alcohol, drugs, other controlled substances or drug paraphernalia or be under the influence of alcohol, drugs or other controlled substances.

Student athletes in violation will be suspended based on administrative review.

2. Tobacco Use, Vape Use, Possession, or Distribution

Use, possession, or distribution of tobacco or tobacco products (to include vaping or vaping products), in any form, is prohibited. The consequence for the first violation of tobacco use, possession or distribution will be suspension from one contest. The consequence for the second violation will be suspension from two contests. The consequence for third violation will be suspension from three contests. The consequence for the fourth violation will be subject to review by the athletic director. The athletic director will decide the appropriate penalty for the athlete taking into consideration the seriousness of the offense, any harm or injury to person or property, the remorse of the athlete and any other relevant factors.

Student athletes in violation will be suspended based on administrative review.

3. Unlawful or Delinquent Behavior

An unlawful or delinquent act is a violation of any civil or criminal statute, ordinance, regulation or court order (except for minor traffic offenses) including, but not limited to civil rights violations, theft, vandalism, destruction of property, or other misdemeanors and felonies as defined by the Colorado Criminal Code. An athlete who pleads guilty, is found guilty, or found to have committed a delinquent act by any court of law, pleads no contest to or dispositions through a settlement and charged with an unlawful act is also subject to sanctions in accordance with the CCV Athletic Code of Conduct. Notwithstanding the foregoing, the athletic director reserves the right to determine whether the athlete committed an unlawful or delinquent act rather than to be bound necessarily by the decision of the courts or others. Incidents involving athletes either directly or as an accomplice will be subject to review by the athletic director. The athletic director will decide the appropriate penalty for the athlete taking into consideration the seriousness of the offense, any harm or injury to person or property, the remorse of the athlete and any other relevant factors.

Student athletes in violation will be suspended based on administrative review.

4. School Suspension

Athletes who are suspended from school under the CCV Student Code of Conduct are prohibited from participation in practices and interscholastic events during the length of the suspension.

5. Attendance–Truancy

The high school administration and coaching staff recognize that attendance at school is critical to a student athlete's success in the classroom, much the same as attendance at practice is essential. Student athletes are expected to attend all of their classes and avoid truancy. The coach and/or the administration reserve the right to limit athletic participation in cases of truancy or non-attendance at school or at practice. Each coach maintains his or her own practice attendance requirements. A student must attend school for at least ½ day (4 hours) in order to practice or participate in a contest unless the absence has been pre-arranged with the coach or building administration. Should the student fail to pre-arrange the absence/tardy the student will not be allowed to practice that day. Once again, if tardies to school become habitual, the coaches and Athletic Director reserve the right to limit athletic participation as they deem necessary. Please be aware that your attendance at school could affect your attendance at practice; therefore, affecting your participation in contests. Absences due to emergencies, i.e., death in the family, legal affairs, will be handled on an individual basis. The coach or Athletic Director must be contacted as soon as possible. Game day absences, either the whole day or any part of the day, are strongly discouraged. If an absence is necessary, either the whole day or any part of the day, it must be pre-arranged with the coach (emergencies as defined above are an exception). Should the student fail to pre-arrange the absence, the student will not be allowed to suit in the first scheduled contest in which that student would participate.

6. Unsportsmanlike Conduct and Other Unacceptable Behavior

Unsportsmanlike conduct and other unacceptable behaviors not specifically covered in the CCV Athletic Code of Conduct, but which are contrary to the spirit of the CCV Athletic Code of Conduct, are subject to an appropriate penalty at the discretion of the athletic director and/or the principal, taking into consideration the seriousness of the offense, any harm or injury to person or property, the remorse of the athlete and any other relevant factors.

7. Hazing

The CCV Code of Conduct defines hazing as “engaging in or planning any form of verbal or physical hazing or initiation of other students. Hazing includes, but is not limited to, forcing prolonged physical activity, forcing excessive consumption of any substance, forcing prolonged deprivation of sleep, food, or drink, or any other behavior that recklessly endangers the health or safety of an individual or is likely or intended to cause personal degradation or disgrace for purposes of initiation into any student group.” It is the responsibility of parents and students to prevent any occurrence of hazing and to report any knowledge of hazing to school authorities. According to the Code of Conduct, the principal may suspend or recommend expulsion for a student who engages in hazing. See Appendix to this document for CHSAA Anti-Hazing Policy signature page.

8. Violation of Team Rules and Regulations

Coaches may establish reasonable rules and regulations, subject to the approval of the athletic director, for behavior not otherwise specified in the CCV Athletic Code of Conduct. Coaches may determine reasonable penalties for violation of team rules and regulations subject to the review of the athletic director.

Unusual or Special Circumstances

Notwithstanding consequences for violations prescribed in the above paragraphs, the principal and athletic director has the discretion to reduce or increase the penalty when unusual or special circumstances warrant such a reduction or increase.

New Enrollees/Transfer Students

New enrollees, including transfer students, with prior violations at non CCV schools will be considered to have violated the CCV Athletic Code and therefore will be subject to applicable consequences for any additional violations as provided in the CCV Athletic Code of Conduct. This also applies to students transferring to high schools within the CCV system.

Due Process and Appeal Process

Student athletes will be provided due process. The student athlete is entitled to be informed of the charges against him/her, and an informal meeting where he/she has an opportunity to be heard before the athletic director. The athletic director shall render a written decision within one school day of the meeting. A student athlete and his/her parent(s) may appeal the athletic director's decision to suspend to the building principal, in writing, within one school day of the athletic director's decision to suspend. The principal shall render his/her decision within four school days of the consideration of the appeal. A suspension may be deferred pending the outcome of an appeal at the discretion of the principal or the athletic director. The principal's decision will be final unless the suspension is for 50% or more of the season. In such a case, the student athlete and his/her parents may appeal within five school days to the athletic director whose decision will be final.

Pre-Sport Participation

(The following items must be on file before an athlete may begin practice or be issued equipment.)

- Signed Cripple Creek-Victor School District Participation Contract. *All ninth graders must have a physical upon entering high school. A student in grades 10-12 must have a physical exam within the past 365 calendar days.*
- Signed Athletic Emergency Card
- Updated physical
- Updated ImPact test

Dual Sport Participation

A student may participate in two sports during the same season provided the parents, coaches and school athletic director approve.

Requirements for dual participation include the following:

- A meeting will be held with the athlete, parents, coaches and athletic director prior to the first contest.
- The athlete must choose a primary sport. All parties will sign a written agreement (see appendix), which includes specific information regarding practices and priority of contests during the regular and postseason.
- The athlete must practice nine days in each contact sport before participating in a contest.
- If a conflict arises, the school athletic director will intervene and make a determination, which will be binding.

Sport Start Dates

Cripple Creek-Victor School District and the Colorado High School Activities Association govern opening and closing dates for interscholastic sports.

Starting dates for all sports are as follows:

- Fall sports start on August 8th
- Winter sports start on November 14th
- Spring sports starting date will be February 27th

The sport season ends for a member of a high school athletic team on the day following the completion of his or her school's competition at that level at which the student competes.

Open Practices

- ❑ Open gyms and open practice are allowed before and/or after the season.
- ❑ A coach or supervisor must be with each group in the gym and in direct contact with the athletes involved.
- ❑ A school representative must approve the use of the gym for all groups; however, the sports in season have priority use of the facility.
- ❑ A person, acting in the capacity of the high school coach or serving a role representing the high school, may have informational meetings anytime with 8th grade students who live in that high school's attendance area as established by the school district, or with those 8th grade student that have pre-registered to attend that high school; the coach may conduct practice with those eighth graders starting May 1. This contact may include currently registered underclassmen. The Sunday Contact rule applies to this contact. (per the CHSAA Article 1900.5)

Sports Camp Guidelines

- ❑ A sports camp is defined as an instructional class limited to one sport and involving participation by the individual student. No coach or school representative may directly or by implication direct a student to attend said camp or camps as a condition to practicing, participating or otherwise influencing a student's opportunity to participate in any school sport. A fee may or may not be charged. School sponsored camps must be pre-approved by the athletics' director, principal and district director of athletics.
- ❑ Unless prohibited by the Colorado High School Activities Association (see restrictions under football in CHSAA Bylaws), school equipment may be used throughout the calendar year.

Outside Competition

- ❑ Students should be aware that different organizations have amateur rules, which are different than those of the Colorado High School Activities Association (CHSAA).
- ❑ Players certified to participate as members of any high school sport may compete on any other team, in any non-school activity or event in that sport during that sports season with the express written permission of the principal, which permission shall be granted if:
 - ❑ the student's class attendance is not compromised and
 - ❑ the student is in good academic standing under the school's activities policy applicable to all students.

Eligibility

The Colorado High School Activities Association sets minimum standards for athletics eligibility.

Although a school is governed by the state association, a school may set a more stringent eligibility requirements than set by the state.

Listed are most of the general eligibility rules as set by CHSAA. (For a more complete explanation and additional information, see your athletic director.)

- ❑ Participation in interscholastic athletics as a part of a school's education program is a privilege, and not a right. Students wishing to participate are required to meet standards of personal behavior and academic performance related to school purposes. In this regard, the Colorado High School Activities Association and its member schools may exercise the fullest discretion permitted under law.
- ❑ A student shall be eligible to represent his or her high school in an interscholastic activity sanctioned by the CHSAA if such student meets the following specific requirements:
 - ❑ The student is a bona fide undergraduate member of his or her high school.
 - ❑ In the judgment of the principal of the student's school, he/she is a representative of the school's ideals in matters of citizenship, conduct and sportsmanship.
 - ❑ During the period of participation, the student must be enrolled in courses which offer, in aggregate, a minimum of 2½ Carnegie units of credit per semester. At the time of participation, the student must not be failing more than the equivalent of ½ Carnegie unit of credit. For purposes of this paragraph, academic eligibility shall be determined by a periodic check (weekly, bi-weekly, monthly) of the student's grade in progress from the beginning of the grading period for each class, as determined by the policy of the student's school, to the close of the certification day for the interscholastic activity in question. In all cases, the periods of eligibility and ineligibility must be equal and at no time may the two groups become eligible on the same day.

- ❑ During the semester preceding the semester in which the student wishes to participate in any interscholastic activity, the student must not have failed more than the equivalent of $\frac{1}{2}$ Carnegie unit of credit and must have enrolled in a minimum of $2\frac{1}{2}$ Carnegie units of credit. The number of credits failed during a semester shall be determined from the student's school transcripts and shall include all classes taken during the semester. Fractional credits awarded or not awarded by the school shall be added at the end of each semester to determine eligibility of the succeeding semester. If, after credits are totaled, and failing credits total more than $\frac{1}{2}$ credit (.50), students will not be eligible.
- ❑ A student who drops out of school after having been enrolled and in attendance 15 days will not be eligible for the following quarter of his/her attendance. If the student attends 15 days or more during the semester, he/she must have completed the required number of credits for the whole of that semester to be eligible the next semester.
- ❑ No makeup work shall be permitted after the close of the semester and/or the designated periodic eligibility check for the purpose of becoming eligible; and a "condition" shall, for purposes of determining eligibility, count as a failure. A student failing to complete work during the normal semester because of a manifest hardship (injury - illness, or other circumstances beyond his control) may be permitted, at the discretion of his/her high school principal, to make up the work within a reasonable time following the student's recovery. A "reasonable time" in most cases would be a like number of days that the student was absent from school. Prior notification must be filed with CHSAA. Summer school or its equivalent credit accepted by the school toward graduation may be used to replace any Carnegie units or equivalent of credit failed if completed by the Thursday prior to Labor Day. Credits made up through summer school must be in the same curricular area and be accepted to meet graduation requirements of classes previously failed. Written notification of a student(s) regaining eligibility through summer school must be included with the first semester eligibility report.
- ❑ Students who have not met the academic requirements at the close of a semester may regain academic eligibility following a period of time (1st semester, October 10, 2020; 2nd semester, March 6, 2021) at which time the student must successfully meet the general academic eligibility in accordance with the following paragraph.
- ❑ During the period of participation, the student must be enrolled in courses which offer, in aggregate, a minimum of $2\frac{1}{2}$ Carnegie units of credit per semester and must not be failing more than the equivalent of $\frac{1}{2}$ Carnegie unit of credit.
- ❑ A student who has been ineligible but now regains eligibility for the upcoming semester or designated date shall not compete in any interscholastic contest and/or scrimmage until the day following the close of the current semester. A student who has been eligible, but who now becomes ineligible for the upcoming semester, shall not compete in any interscholastic contest and/or scrimmage on the day following the close of the current semester. Note: Students who are now ineligible but will regain eligibility, and students who are now eligible but will lose eligibility, may never be eligible on the same day.

- ❑ If a student is on the eligibility report they must attend after school tutoring for a minimum of one hour each day that tutoring is offered. After that hour they may attend practice with the coaches approval.

Q1: A student has been ineligible for the first semester but has regained eligibility for the second semester. The school calendar adopted by the Board of Education specifies that the semester ends on a Friday. Is the student eligible to compete on (a) Friday night; or (b) Saturday night?

A1:(a) NO(b) YES

Q2: A student has been ineligible for the second semester, but will become eligible for the first semester of the next school year. When may the student compete in an interscholastic contest?

A2:The student may compete inter scholastically on the first date for interscholastic competition specified in the specific sport's bylaws. The student is not required to attend classes in the first semester in order to compete in the fall sports season.

Q3: A student has been eligible during the first semester but will become ineligible for the second semester. The semester ends on Friday. May he/she play on (a) Friday night? (b) Saturday night?

A3:(a) YES (b) NO

- The student may not participate in the upcoming school year if he/she reaches the 19th birthday prior to August 1.
- Any student who has attended more than eight semesters (in grades 9 through 12) is ineligible for high school athletics, except a student otherwise eligible may complete a season's participation in a winter sport begun in his eighth semester (sixth semester in a three-year high school).
- No high school student shall play more than four seasons in one sport.
- Any athlete certified to compete in athletics must be an amateur (refer to CHSAA by-laws for further interpretations).

General Lettering and Awards Guidelines

These are Cripple Creek-Victor School District policies *unless otherwise noted* and were established by the League Athletics Board and coaches of individual sports:

- ❑ No awards of any kind other than awards by the school, the association or a group approved by the school or the association and limited in value to \$50, shall be made to participants in any inter-school activity.
- ❑ If unapproved awards are offered and accepted by the participants, such participants shall jeopardize their eligibility to represent their school in any inter-school activity; and, further, such acceptance shall jeopardize standing of the school in the Association and may result in the suspension of the school.
- ❑ The state rules on citizenship, scholarship and attendance are to be followed.
- ❑ The decision of giving an athletic award to a player, once the sport guidelines have been met, shall be subject to the approval of the coaches. These names are then submitted to the athletic director/principal for final approval.
- ❑ If awards are given to the athlete by the school, the coaches and the school administration reserve the right to pick up the award for violation of the county or school athletic policies.
- ❑ CCV School District will determine the method of financing all awards.
- ❑ Only varsity awards may be earned by an athlete while competing in CHSAA varsity approved meets or games unless other contests are approved by the District Athletic Director.
- ❑ Only one athletic letter may be given to a participant during his/her high school career. Each year after that, if a letter is earned, a service bar may be awarded.
- ❑ All requirements, including completion of the season, must be met before an athlete can be recommended for a letter.
- ❑ An athlete playing in a district, quarter-final, or final state game may be considered for a letter.
- ❑ Service Award: A senior girl or boy who has completed two or more years of participation in any sport may be recommended by the coach for a varsity award. A coach, under unusual circumstances, may be recommended for a senior who has not completed two years of participation.
- ❑ Hardship Award: Any girl or boy who is injured or ill and who, in the opinion of the coach, would have earned an award had the injury or illness not occurred, may be considered for an award. A coach may also recommend an award if an athlete is forced to discontinue competition and has not earned an award because of illness or death in a family.
- ❑ Manager's Award: In order to letter, a girl or boy must manage two years in the same sport or manage one year in two sports. The service award also applies to managers.
- ❑ Athletic Trainer Award: The student must have a basic first aid card, log 175 hours and fulfill attendance and other athletic and academic requirements of that sport. CPR is recommended.

Types and Size of Letters

All athletic letter awards shall be a maximum of seven inches in size.

The insignia (metal or cloth) symbolic of the sport in which an athlete lettered may be worn on the letter:

- Baseball - crossed bats
- Basketball - basketball
- Football -football
- Track - winged foot
- Volleyball - volleyball
- Cheer - megaphone
- Athletic Trainer - trainer pin

Service bars or stripes of metal or cloth (gold or silver) may be worn under the sport insignia for each year a varsity letter is earned in a sport. There is a maximum of four bars or stripes under any insignia. Colored service bars or stripes may be substituted if the athlete is a member of a league or state championship team. ***Individuals who are state or league champions are NOT to have colored service bars unless they were on a championship team. No star/bar is to be given for second team All-Conference recognition.***

The following are the recommendations of the league for service bars/stripes of metal or cloth to be awarded:

- All Conference - Blue Star
- League Champion - Blue Star
- League Champion Team - Blue Bar

- All State - GoldStar
- State Champ Team - Red Bar
- Individual State Champ - Red Star

Manager awards will be a regular letter.

Any of the above insignias, stripes or bars, etc. may be furnished by the school. The funding within the school will be flexible.

Letterman Jackets or Sweaters

- The athletic letter award will be worn on the left upper front of the jacket or sweater.
- Numerals, not to exceed 2 1/4 inches, in school colors, may be worn on the left sleeve or right front below the pocket to designate the year of graduation.
- State championship competition medals may appear on the upper right front of the jacket or sweater.
- Items mentioned above may be purchased at the athlete's expense.

Sports Lettering Guidelines

Athletes may be awarded a letter from CCV Jr.-Sr. High School when they meet the guidelines to letter at their school of participation.

In all cases, the head coach has the discretion to consider an athlete who has an exception to the requirements and can determine if he/she has qualified for a letter. Athletes must complete their season in good standing with all team and Cripple Creek-Victor High School athletic policies. *All uniforms must be turned in before letter is awarded.

Baseball

- An athlete must participate in 28 varsity innings.
- A pitcher must participate in 14 varsity innings.
- A specialist, pinch runner and pinch hitter may letter with a minimum of 12 innings.
- An athlete must attend a minimum of 95 % of practices (absence must be approved by coach or athletic director)

Basketball

- An athlete shall play in half of the total quarters of all varsity games played.
- Quarters played in state playoff games may be counted in the foregoing minimum.
- An athlete must attend a minimum of 95 % of practices (absence must be approved by coach or athletic director)

Football

- An athlete shall play a minimum of half of the quarters on all scheduled games.
- Quarters played in state playoff games may be counted in the foregoing minimum.
- An athlete must attend a minimum of 95 % of practices (absence must be approved by coach or athletic director)

Track

- See Appendix page 2 for detailed track lettering criteria.

Volleyball

- An athlete shall play in at least 75% of all varsity sets during the season. Clarification: Sets are not to be confused with matches.
- An athlete who represents her school in the district or state tournament may be recommended for a letter.
- An athlete must attend a minimum of 95 % of practices (absence must be approved by coach or athletic director)

Cheer

- Complete the entire season – which is from the beginning of the school year through the completion of the final winter playoff game(s).
- Perform in 80% of all scheduled performances.
- Attend 80% of all practices (absence must be approved by coach or athletic director)
- Complete the season in good standing (including all balances paid in full).

Sports Managers

- ❑ Sports managers must attend 95% of team practices and all games, both home and away. Managers are expected to perform all managerial duties as requested by the coaches of that sports (See Appendix for managerial duties). They are also help to high moral character, practicing integrity, honesty, perseverance and a positive attitude

All-State Selection Guidelines

- ❑ In team sports an athlete must be declared or recognized as a first, second or honorable mention place, or All State athlete or All Colorado by commercial news media.
- ❑ In individual sports the following athletes will be recognized
- ❑ Track, top 3 per event; Wrestling, top 3 per weight. Athletes may also be recognized when named 1st team by commercial news media.
- ❑ Coaches may participate in any media All Conference, or All State selections.

Academic Athletic Honor Role

Criteria: Athlete must be a ninth through twelfth grade, letter winner with a cumulative GPA of 3.60 or higher. The GPA for a qualifying freshman is based on the first six weeks grading period of their freshman year.

NCAA Eligibility Center

Students wishing to compete in Division I and Division II NCAA schools next fall must be certified as eligible by the NCAA Eligibility Center. Contact your school counselor for NCAA Eligibility Center registration materials at www.ncaa.org.

_____, 20_____
Date **Parent's Signature**

_____, 20____
Date

Student's Signature

Appendix

Varsity Track Lettering Criteria

- Minimum number of practices attended (30 school day practices for the year).
- Participation in a minimum number of meets for the year (8 meets for the year).
- These may be modified due to special circumstances such as injury or prolonged illness.

SPECIFIC CRITERIA/CONSIDERATIONS

Total points required to letter = 100

ITEM	POINTS	TOTAL POSSIBLE
Attend Practice	1	44
Attend Meet	2	Multiply X Meets scheduled
Leadership and Contribution towards team goals.	Up to 20	20
Points in track meets	Points scored in 3 Meets	
Senior w/ minimum 3 years of High School Participation	Automatic	Coach/AD Discretion



STUDENT ELIGIBILITY INFORMATION FORM
and
CHSAA Anti-Hazing Policy

I hereby give my consent for _____
to compete in athletics for _____ High School in Colorado High School
Activities Association approved sports, except as noted on the Physical Examination and Parent
Permit Form, and I have read and understand the general guidelines for eligibility as outlined in
the CHSAA Competitor's Brochure (as found on the CHSAANow.com website).

Parent or Guardian Signature _____ Date _____

I have read, understand and agree to the General Eligibility Guidelines as outlined in the
CHSAA Competitor's Brochure.

Student Signature _____ Date _____

No student shall represent their school in interschool athletics until there is a statement on file with
the superintendent or principal signed by his/her parent or legal guardian and a signed physical
form certifying that he/she has passed an adequate physical examination within the past year,
noting that in the opinion of the examining physician, physician's assistant, nurse practitioner or
a certified/registered chiropractor, (DC, Spc.) is physically fit to participate in high school athletics;
that student has the consent of his/her parents or legal guardian to participate; and, the parent and
participant have read, understand and agree to the CHSAA guidelines for eligibility.

CHSAA Anti-Hazing Policy

The Colorado High School Activities Association prohibits bullying, hazing, intimidation or threats.
Hazing includes, but is not limited to humiliation tactics, forced social isolation, verbal or emotional
abuse, forced or excessive consumption of food or liquids, or any activity that requires a student to
engage in illegal activity. I understand that hazing of any type is not permitted in any CHSAA
sanctioned activity.

I will not engage in any of the prohibited conduct. I further understand that it is my responsibility to

immediately report any acts of hazing that I become aware of to a sponsor, teacher, counselor, school support staff, coach or administrator in my school.

By signing this acknowledgement, I affirm my responsibility to prevent and report hazing. I also understand that any violation of this could result in school or team consequences that could include dismissal from the activity or further disciplinary consequences and/or referral to law enforcement.

Student Athlete Signature
Cripple Creek-Victor

Date

such injury resulting, directly or indirectly, from such participation. We further recognize and agree that the Cripple Creek-Victor School District RE-1 do not waive their defenses provided by the Colorado Governmental Immunity Act.

_____, 20_____
Date of this Report **Parent's Signature**

Managerial Duties

Student-athlete sports managers are an important and valuable member of the team. There is a high expectation for your position, and everything you do contributes to the success of whatever team you are managing. As a member of the team, you are expected to work hard and be committed to excellence at your position.

Duties of the sports manager include, but are not limited to:

- Consistently display high character and ethics
- Attend all home and away games
- Attend all practices
- Make sure video equipment is ready for games (depending on sport)
- take attendance at practices/games
- Take stats at games
- Enter stat into MaxPreps
- Get equipment ready for practices
- Keep team hydrated
- Gather and organize equipment for travel
- Asst coach during practices (shag balls, set up stations, water, etc)
- Act as a liaison between coach and players

Note that you do not work for the players; you work for the team.

Dual Sporting

The Cripple Creek-Victor School District has adopted a policy of accepting the desire of student-athletes who choose to participate in two sports during the same season. The guidelines regulating this policy are as follows:

- ❑ Student-athletes may participate in two sports in a season provided they have the consent of parents and each of the coaches of the sports.
- ❑ The student athlete must indicate a "priority sport." If there happens to be a contest conflict date between the two sports, the student-athlete will participate in the "priority sport".
- ❑ Details on practice times and game participation will be worked out with the student-athlete and the two coaches incongruence with athletic policies.

TWO SPORT CONTRACT

Student-Athlete's Name: _____

Date: _____

Priority Sport: _____

Secondary Sport: _____

The Cripple Creek-Victor School District has a policy adopted of making available the opportunity for high school students to play two sports in the same season. To avoid unnecessary complications, the following contract has been developed. The student athlete must select a priority sport, which simply means that if there is a competition schedule conflict between the two sports on the same day, the athlete must attend the priority sport competition. Below are the details of a practice schedule that all undersigned parties agreed to uphold. Student-athletes are expected to follow all of the rules and regulations set forth by the coaches of both sports and the athletic handbook.

PRACTICE SCHEDULE DETAILS

Student-Athlete

Parent or Guardian

Primary Sport Coach

Secondary Sport Coach

Athletic Director



Colorado High School Activities Association

'Seeking Excellence in Academics, Activities and Athletics'



14855 E. 2nd Ave.
Aurora, CO 80011
(303) 344-5050
Fax (303) 367-4101
www.chsaa.org

Colorado High School Activities Association Concussion Policy

This year at Cripple Creek Victor Junior and Senior High School we are instituting some changes regarding concussion management and our protocol for athletes return to activity. Along with the physician's release, we will be using ImPACT testing to determine when an athlete has fully recovered from a concussion and is back to normal neurocognitive function. ImPACT is a computer based testing program developed to test a person's neurological function and determine what "normal" is for each individual. This program measures each person's systems, verbal and visual memory, processing speed, and reaction time. ImPACT is the only test designed to measure the neurocognitive function, which is affected with a concussion. CT scans and MRIs can only determine if there is a hematoma, or bleeding around the brain. Hematomas occur in less than 10% of all concussions. By implementing the ImPACT testing system this year, we will have a definitive test to know when each athlete's brain is fully recovered from a concussion, therefore, eliminating the chance that they will return to activity before they are completely healed. Each new athlete will complete a baseline test before they are able to participate in any activity, and every other year thereafter. If they sustain a concussion, a follow-up test will be conducted no sooner than 3 days post-injury provided all symptoms have subsided. If an athlete chooses to take their follow-up exam with their family physician they must bring a copy of the test results to the CC-V Athletic Director. Once an athlete has a medical release note from their family physician and has completed a follow-up test with scores matching their baseline test, they will begin a step-wise program for their return to play (we will follow the REAP protocol to return to practice). They may only progress through one step per day:

STEP 1: no activity

STEP 2: light aerobic activity (exercise bike or light jog--no weight lifting!)

STEP 3: sport specific activity (running in the gym, the field without a helmet or other equipment)

STEP 4: non-contact practice (drills in full uniform and may begin light weight training)

STEP 5: full-contact practice or training

STEP 6: return to play/games

If at any point symptoms return, athletes will begin the process at the beginning and will receive another ImPACT exam after all symptoms have subsided. We are implementing everything available to us to help ensure the health and safety of your child. For more information on the ImPACT test, please visit: www.impacttest.com.

Guidelines for Student-Athletes: Social Media

Dear Cripple Creek Student-Athletes,

As you begin participation in another athletic season, the Athletic Department of Cripple Creek-Victor Jr./Sr. High School wants to make sure you are aware of the revised social networking guidelines. Cripple Creek-Victor Jr./Sr. High School and the Athletic Department recognize and support the student-athletes' rights to freedom of speech, expression, and association, including the use of social networks. In this context, however, each student-athlete must remember that playing and competing for Cripple Creek-Victor Jr./Sr. High School is a privilege. As a student-athlete, you represent the Cripple Creek-Victor Jr./Sr. High School and the community of Cripple Creek and Victor and you are expected to portray yourself, your team, and the School District in a positive manner at all times.

Attached you will find the new social networking guidelines which provide the following guidelines for social networking site usage:

- ❑ Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your site. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even after you remove it.
- ❑ What you post may affect your future. Many employers and college admissions officers review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments, and posters).

Similar to comments made in person, the Cripple Creek-Victor Athletic Department will not tolerate disrespectful comments and behavior online, such as: - Derogatory language or remarks that may harm my teammates or coaches; other CC-V students, teachers, or coaches; and student-athletes, coaches, or representatives of other schools, including comments that may disrespect my opponents.

- ❑ Incriminating photos or statements depicting violence; hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism, stalking; underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behaviors.

- ❑ Creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.

- ❑ Indicating knowledge of an unreported school or team violation—regardless if the violation was unintentional or intentional.

In short, do not have a false sense of security about your rights to freedom of speech.

Understand that freedom of speech is not unlimited. The online social network sites are NOT a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Protect yourself by maintaining a self-image of which you can be proud for years to come. CC-V School District and Athletic Department reserve the right to apply consequences to any student who violates the social media guidelines outlined above.

Cripple Creek - Victor School District (CCVSD)

In regards to spectator behavior:

A spectator and/or fan ejected from an CCVSD event for unruly behavior will be placed on probationary status.

Unruly behavior will be determined by the official(s) of the contest and or school administrator.

The probationary status will remain in effect for one (1) full calendar year from the date of the ejection.

A spectator and/or fan on probation and ejected a second time from an CCVSD event will be suspended from all CCVSD events for one (1) full calendar year from the date of the second ejection.

Abusive behavior will include but is not limited to physical assault such as striking, pushing, grabbing, hitting, etc. and will also include any racial or sexual remarks or threatening statements by the individual.

A person on probationary or suspended status will receive from CCVSD a certified letter stating the action of the league and reasons for said action.

Administrators at CCVSD events will enforce said action and communicate to the other league schools a list of those people who are on probation or suspension.

APPEALS PROCESS FOR SPECTATORS

Spectator(s) must submit a written request to the Athletic Director.

Spectator(s) must submit all written letters of witness or supportive individuals.

The Athletic Director will arrange a hearing which will include the Athletic Director, Principal, and Superintendent.

The appellant will have 5 mins to speak or present evidence that could reverse the probation or decision made forth by the District. The District will be allowed to question the spectator(s) of the case on hand.

The spectator(s) will have the opportunity for closing statements and will be notified of the District decision within 24 hours.

The District will discuss the evidence and statements and come to a judgement that is in the best interest of the District, CHSAA, and the integrity of high school athletics.

***If the spectator(s) has a witness or witnesses to speak on behalf of the spectator(s), they are limited to 3 witnesses. They will have 2 minutes each to speak.**

***If at any time during the appeal the spectator(s) becomes hostile, abusive, or utilizes profanity, the meeting will be declared a "Detrimental Appeal" and the actions taken will remain in effect**

Student-Athlete

Parent or Guardian

Coach

Athletic Director